This circular walk is one of a number of walks produced by Kent County Council. If you liked this walk you can find more on the Explore Kent website at

www.kent.gov.uk/explorekent

We welcome any feedback about this walk or the content of the guide. If you know of a good walk and would like to share it, please let us know and we may feature it on our website.

If the route description or pictures are out-of-date please e-mail explorekent@kent.gov.uk

Please tell us about any problems concerning the paths using the Kent Report Line 0845 345 0210. This guide is available in other formats on request.

FAMILY FUN!

Walking is not only a healthy activity but it can be fun and informative too. Free activity worksheets for children of all ages to take on the walk can be ordered by emailing

explorekent@kent.gov.uk or calling 08458 247600.



When you're out walking in the countryside, please respect the Countryside Code.

- Be safe plan ahead and follow any arrows or sians
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people









BRIDLEWAY

Walk Overview

Distance: 3 miles (4.8km) allow 2 hours

Start/Finish: Edenbridge

Stiles: 10

Gates: 12

Terrain: Field paths. Short woodland sections

Views: Some good views

Toilets: None on route



Refreshments: Pub near start/finish

How to get there...

Road Map:

Multimap website www.multimap.com. Search for "Edenbridge".

By Car: Edenbridge is on the B2026 south of the M25 at Junction 6.



Parking: Parking is available in Edenbridge town centre and train station.

Train: Nearest station: Edenbridge (0.5 miles). National Rail Enquiries: 08457 484950

Bus: 232 (Chiddingstone – Edenbridge) 1/2 journeys, Mon - Fri. 234 (Edenbridge - Tunbridge Wells) 1/3 journeys, Mon - Sat.

Traveline: 0870 6082608



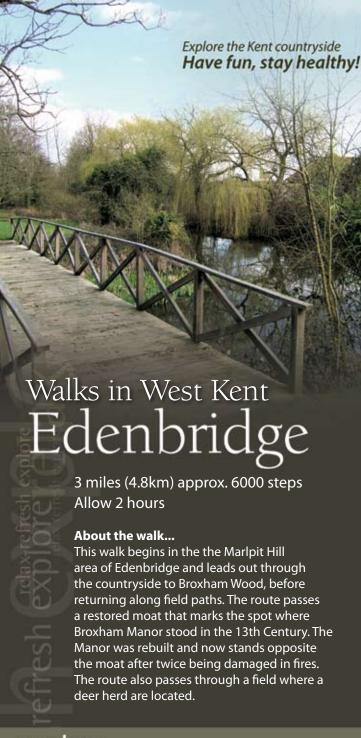




Photo Guide



Route Description

- 1 From Swan Lane follow footpath signpost along concrete path past Marlpit Hill Allotments. Continue through farm buildings to metal gate.
- 2 Through gate and another immediately afterwards. Head for another metal gate at end of field. Through gate and bear right to bridge and stile.
- 3 Cross stile and turn left to follow the edge of the field to stile in far left corner. Cross and follow right hand edge of field, heading for white house, to stile at end of hedge line.
- Cross stile and follow path to cross squeeze stile in fence. Continue along path to gate. Pass through gate and continue to road ahead. Turn right and head uphill on road for 30 metres before turning right on footpath just past Coakham Lodge Farm. Take care while walking along the road.
- 5 Immediately after passing bungalow cross stile on left, and head for stile in bottom right corner of field. Cross stile and continue ahead to metal, mesh gate.
- Pass through gate into field containing a deer herd. Keep trees to left and continue ahead until you reach a footbridge on left. Cross bridge and continue to another metal, mesh gate ahead.

- Pass through gate, cross bridge and stile.
 Continue ahead, along edge of wood, until
 you come to a footbridge on left. Cross bridge
 and follow path through woods to another
 footbridge.
- 8 Cross bridge and turn left. Follow hedge line to bottom corner of field and then turn right to follow fence line to gate.
- Turn left through gate and walk down gravel drive. On your left you will pass a restored moat which marks the former site of Broxham Manor during the 13th Century.
 - After passing moat turn right up drive and then left to cross stile. Turn right to follow fence line towards stile and gate.
- Turn right through gate and head for gap in the hedge. Pass through gap and continue straight across field to enter wooded area. Cross footbridge to gate.
- 11 Through gate and continue straight ahead, with tree line to left. Follow path, bearing right to stile and footbridge you crossed earlier. Retrace steps from point 2.

Walk your way to a healthier lifestyle



"Walking for one mile burns virtually the same number of calories as jogging for one mile, it just takes a little longer!"

"Walking is FREE and requires no special equipment or clothing – as long as you are comfortable"

"Regular walking helps reduce the risk of heart disease, strokes, diabetes and high blood pressure"

