



Distance: 2.1 miles (3.3km) allow 1 hour

Start/Finish: Brockhill Country Park

Stiles: 2

Gates: 2

Terrain: Fields and woodland tracks, with some on road sections.

Views: Some good views

Toilets: At Brockhill Country Park

Refreshments: At Brockhill Country Park

For more information about the park, call the Visitor Centre on 01303 266327.

How to get there...

Road Map:

Multimap website www.multimap.com. Search for "Saltwood".

By Car: From M20 J11, follow A20 to Saltwood. Turn off on Sandling Road.

Parking: Parking is available at Brockhill Country Park.

Train: Nearest station: Sandling (1 mile). National Rail Enquiries: 08457 484950

Bus: 10A (Folkestone – Saltwood) hourly, Mon-Sat.

Traveline: 0870 6082608



This circular walk is one of a number of walks produced by Kent County Council. If you liked this walk you can find more on the Explore Kent website at

www.kent.gov.uk/explorekent

We welcome any feedback about this walk or the content of the guide. If you know of a good walk and would like to share it, please let us know and we may feature it on our website.

If the route description or pictures are out-of-date please e-mail explorekent@kent.gov.uk

Please tell us about any problems concerning the paths using the Kent Report Line 0845 345 0210. This guide is available in other formats on request.

FAMILY FUN!

Walking is not only a healthy activity but it can be fun and informative too. Free activity worksheets for children of all ages to take on the walk can be ordered by emailing

explorekent@kent.gov.uk or calling

08458 247600.



When vou're out walking in the countryside, please respect the **Countryside Code.**

- Be safe plan ahead and follow any arrows or sians
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people



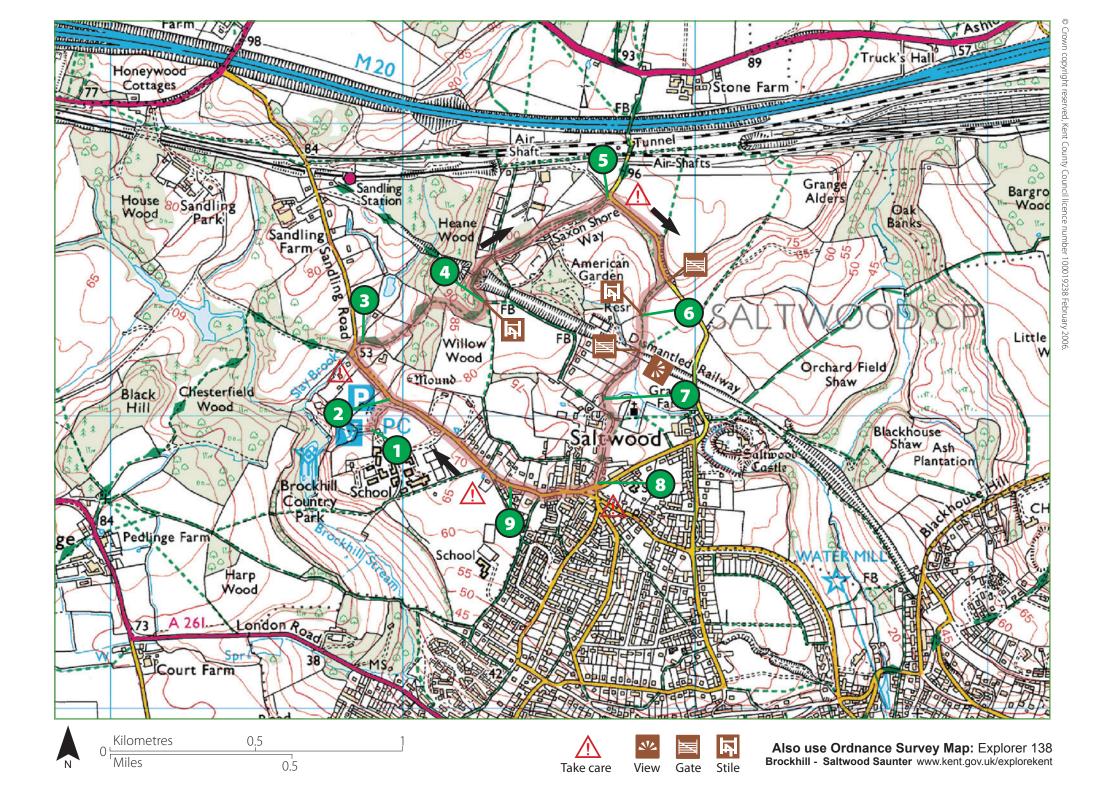








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Route Description

- 1 From the Visitor Centre, cross the car park and turn left by a waymarker post to follow a grass path and leave the park by a pedestrian exit (by transformer).
- 2 Turn left onto the pavement and after 100 metres, just past the bend, cross the road to follow the Saxon Shore Way (SSW).
- 3 Beware of traffic. Cross a small bridge and continue uphill. On reaching a small clearing turn left to follow path and enter wood. Follow path through wood and bear right to follow a sunken footpath.
- 4 At the stile, with an orchard on your right, turn left to follow the SSW up a slight incline. Then at a junction with a track, turn left and follow to another junction with Hayne Barn on your left.
- At the junction, turn right onto the quiet lane.

 After 350 metres turn right through a gate to follow the footpath through the wood.
- 6 Continue over a stile, into the field and straight ahead towards a gate. Pass through the gate and continue ahead along the path at the back of some gardens. You will have a lovely view of the church and castle to your left.

- Follow the path left to the road. At the road turn left past the church and follow the road into the village centre. Beware of traffic.
- At the village green, turn right up the hill, past the Castle Hotel and past the post office. Cross the road opposite the newsagents and walk on the pavement on the left hand side of the road.

 Beware of traffic.
- Ontinue along the pavement until you reach the entrance to Brockhill Country Park on your left.

Walk your way to a healthier lifestyle



"Walking for one mile burns virtually the same number of calories as jogging for one mile, it just takes a little longer!"

"Walking is FREE and requires no special equipment or clothing – as long as you are comfortable"

"Regular walking helps reduce the risk of heart disease, strokes, diabetes and high blood pressure"

Photo Guide

