TONBRIDGE

To High St

The Slade
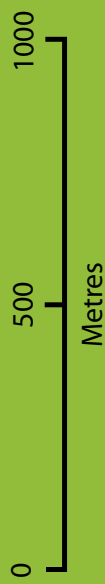
START/ FINISH

SWIMMING POOL

Route information

A mostly flat walk of 3 miles (4.75km) along a tarmac path, then a hard surface (fine and coarse in places) around Barden Lake. Between the start of the walk and the park, the path can become narrow. In places, grass grows through the tarmac, and the path may be muddy after wet weather. There are frequent rest areas around Barden Lake.

6.5% for 140m

6.5% for 60m

16.5% for 20m

N

A

B

C

D

E

F

10%

6.5%

6.5% for 25m

3.5% for 25m

HAYSDEN COUNTRY PARK

BARDEN LAKE

10%

10%

6.5%

6.5%

0.8 m

hard surface - fine (stones less than 20mm)

concrete/tarmac

hard surface - coarse (variable gradient, max 6.5%)

1000

500

Metres

0

WC

P

How to get to Tonbridge
Bus: Many services - call Traveline on 0870 608 2 608
Rail: Tonbridge station - 15 minute walk (0.6 miles/1km)
Road: From the A21, take the A26 into Tonbridge. From the high street follow signs for Tonbridge Swimming Pool, turn left into Bank Street then follow The Slade downhill, and turn left into Lower Castle Fields car park (height restriction barrier-2m). There are designated bays in front of Tonbridge Swimming Pool, to the left of the car park.
Road map: www.streetmap.co.uk - 558750,146650

Route description

START From the entrance to Lower Castle Fields car park, walk up the road for 10m to take the path on the left indicated by the Weald Way sign pointing to the left.

(A) Follow the path round the corner to the left and continue until you reach the railway underpass.

(B) Continue to follow the path over the footbridge until the path forks.

(C) Take the left fork (following the sign to Haysden Country Park) which leads you over two further footbridges. Keep following the path until you reach a footbridge on your left.

(D) Go over the footbridge followed by a second footbridge then turn right following the sign to Haysden Country Park and Penshurst through the woodland to reach Barden Lake.

(E) Turn left and follow the path round the edge of the lake.

(F) Half way round the lake there is a left turn, which will guide you through an underpass and to Haysden Country Park car park and playground.

Alternatively, continue round the lake and retrace your steps back to the start.

Points of interest
Haysden Country Park
The park lies on the banks of the River Medway between Haysden and Barden Lakes. Areas of woodland, meadow and open water support such a wealth of wildlife at all times of the yearm, that the area is recognised as a `Site of Nature Conservation Interest` by Kent Wildlife Trust.

WC **Adapted toilets** At Swimming Pool and Haysden country park; both RADAR Key

Childrens play area

Bridge

P **Car park** designated spaces at swimming pool and Haysden Country Park

P **Car park** Open parking; tarmac, pay & display

Uphill gradient

Downhill gradient

Width restriction

Rest area many around Barden Lake

Additional information - Please note that the path from the edge of Tonbridge to the park is due to be resurfaced during 2004. For more details about Haysden Country Park and the walk, please call Tonbridge & Malling Borough Council on 01732 876172